

## THE ST. OSWALD CENTRE FOR SPIRITUALITY

### Vision:

A place where people can take time out to explore the divine yearning within and to experience spiritual renewal. We seek to be inclusive of all people, whatever their background, experience, and sense of identity.

### Ministry:

The Centre's ministry varies each year, but includes retreats both residential and carved out in daily life; quiet days, and seminars/workshops, drawing upon Holy Scripture, the Christian Tradition's spiritual practices, Centering Prayer, the writings of the Mystics, the Desert Fathers & Mothers, as well as poetry, literature, nature, and the visual arts.

Spiritual Direction is also offered - a contemplative ministry of companionship on a journey towards an awareness in all of life of the Mystery, whom we call God, and a response of deepening relationship graced with freedom and commitment. Contact one of the Spiritual Directors for more information or to book an appointment.

St. Oswald's church is open Tuesday to Sunday during the day for times of quiet reflection. There is a set quiet time at 9:30 a.m. every Thursday, followed by Eucharist at 10 a.m.

### People:

*Dianne Bradley* [diannebradley@bigpond.com](mailto:diannebradley@bigpond.com) or 8276 2928

Dianne is the Centre's director and has been involved with spiritual direction and retreats since 1993. She is a member of ANSD\*, ESDA^, & AECSD', and a Supervisor in Spiritual Direction at Tabor College. She seeks to live contemplatively, being present to what is, open to surprise, and delighting in God's constant self-revealing, especially in nature and the arts.

*Gwyneth Ottrey* (Anglican Lay Minister, Lay Reader) [ottrey24@gmail.com](mailto:ottrey24@gmail.com) or 8239 1779 Gwyneth holds an MA(Theol) - Spiritual & Pastoral Ministry Strand - ACU. She is a member of ANSD\*, CPNA`, & ESDA^. Recognition dawned of her own thirst for God after travelling some bumpy paths which led to healing and personal growth as a beloved child of God. Centering Prayer is the mainstay of her spiritual practice supported by spiritual direction, silent retreats and, now, Wisdom Schools. She is a trained bush-carer with Trees for Life.

*Caroline Pearce* (Anglican priest) [chpearce@adam.com.au](mailto:chpearce@adam.com.au) or 8344 4357

Caroline has been involved in the ministry of Spiritual Direction and Retreat Leading since her graduation in 1988. She has maintained her personal practice of Centering Prayer for many years and is trained to teach it. She feels especially close to God in creation. She is a member of ESDA^, ANSD\* and CPNA` and has served on the committees of all three.

*Deirdre Ragless* (Anglican priest) [dragless@tpg.com.au](mailto:dragless@tpg.com.au) or 8332 7655

Deirdre has a Grad Dip. in Spiritual Direction; Ignatian Spirituality informs her practice. She is also a Labyrinth Facilitator. Deirdre is an immediate past Executive member of ESDA^.

*Tracy Woodsford* [tracywoodsford@gmail.com](mailto:tracywoodsford@gmail.com) or 8373 1501

Tracy is a contemplative artist who shares her art journalling adventures at [tracywoodsford.blogspot.com](http://tracywoodsford.blogspot.com) and on instagram @sojournertracy. She also leads art journalling work-shops and quiet days of reflection.

*\*Australian Network for Spiritual Directors ^Ecumenical Spiritual Directors Association of SA 'Australian Ecumenical Council for Spiritual Direction `Centering Prayer Network Australia*

The Centre acknowledges with gratitude the support and encouragement given so generously by Philip Carter, Anglican priest and trustee of The Julian Centre and by the priest and people of the Parish of Parkside.

## 2017 PROGRAM

<p>St. Brigid's Day Cross making, worship, followed by a simple soup meal with a conversation: Impressions of a Wisdom School</p>	<p>Wednesday 1st February 6:30 p.m. St. Oswald's church</p>	<p>Led by: Dianne Bradley Suggested donation: \$10</p>
<p>Retreat in Daily Life A form of retreat for busy people, it links prayer with daily occupations and helps us to recognise the presence of God in the happenings of each day.</p>	<p>Gathering to begin, includes a meal provided by the Centre. Friday 3rd March 6-8 p.m. St. Oswald's Retreat quiet day: Sat 18th March 10-4 St. Oswald's Concluding the retreat: celebrating the Eucharist and a meal. Friday 7th April, 6-8 p.m. St. Oswald's</p>	<p>Led by: Dianne Bradley Presiding at the Eucharist: Caroline Pearce Suggested donation: \$80 inclusive, or \$70 retreat only \$15 quiet day only</p>
<p>Praying with the Anglican Rosary Drawing upon <i>The Anglican Rosary</i> by Lynn C. Baumann</p>	<p>Praying with the Anglican Rosary Drawing upon <i>The Anglican Rosary</i> by Lynn C. Baumann</p>	<p>Praying with the Anglican Rosary Drawing upon <i>The Anglican Rosary</i> by Lynn C. Baumann</p>
<p>Ignatian Guided Retreat Drawing upon <i>The First Spiritual Exercises</i> by Michael Hansen, S.J</p>	<p>Sundays 20th August through 10th September 4-5:30 p.m. St. Oswald's</p>	<p>Led by: Deirdre Ragless and Stephanie Brabin Suggested donation: \$30 N.B. Ltd to 8 or 9 people</p>
<p>Walking the Labyrinth</p>	<p>Saturday 23rd September 10-4 Waite Arboretum</p>	<p>Leader and presiding at the Eucharist: Deirdre Ragless Suggested donation: \$15</p>
<p>A Botanic Garden Prayer Walk Take some time to walk and contemplate inspired by the plants and places of the botanic gardens</p>	<p>Saturday 28th October 10 a.m. onwards</p>	<p>Led by: Tracy Woodsford Meet at Duck Pond adjacent to kiosk. BYO lunch Suggested donation: \$15</p>
<p>Advent Retreat</p>	<p>Late November</p>	<p>Details to come later</p>

Further details are sent to the mailing list about 6 weeks before each event. To join the list, contact Dianne Bradley or Tracy Woodsford